Track: 2017-03-15 Monte Velino per la cresta Ovest **Date: 15/03/2017**

Track: 2017-03-15 Monte Velino per la cresta Ovest	**IBP = 162 HKG**
Detected modality = HKG	
IBP index reliability= A	

Total length	12.764 Km
Analyzed distance	12.764 Km
Lineal distance	0.011 Km

Accumulated climb	1600.1 m
Accumulated descent	1610.29 m
Maximum height	2491.81 m
Minimal height	1006.16 m
Climb rate	26.5 %
Descent rate	24.53 %
Positive climb difference per	125.36 m
Negative descent difference per	126.16 m

Total time	7:43:11 h
Time in movement	5:00:59 h
Stopped time	2:42:12 h

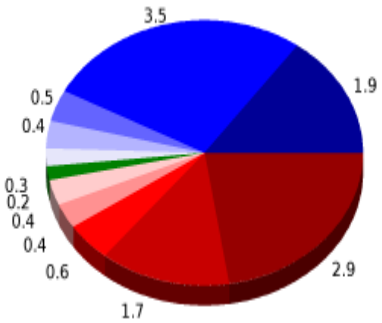
Total speed average	1.65 Km/h
Average speed in movement	2.54 Km/h
Maximum held speed	6.09 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	4543 (cad. 2.81 m)
Significant points	407 (cad. 31.44 m / 8.96 %)
Aberrant points	2228 (49.04 % d. total)

Direction changes per	17.39
Direction changes >5º per	14.57
Accumulated straight stretches	1.134 Km
Straight stretches per	88.84 m
Penalizables slope changes	6
Penalizables slope changes per	0.47

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Summary of slopes

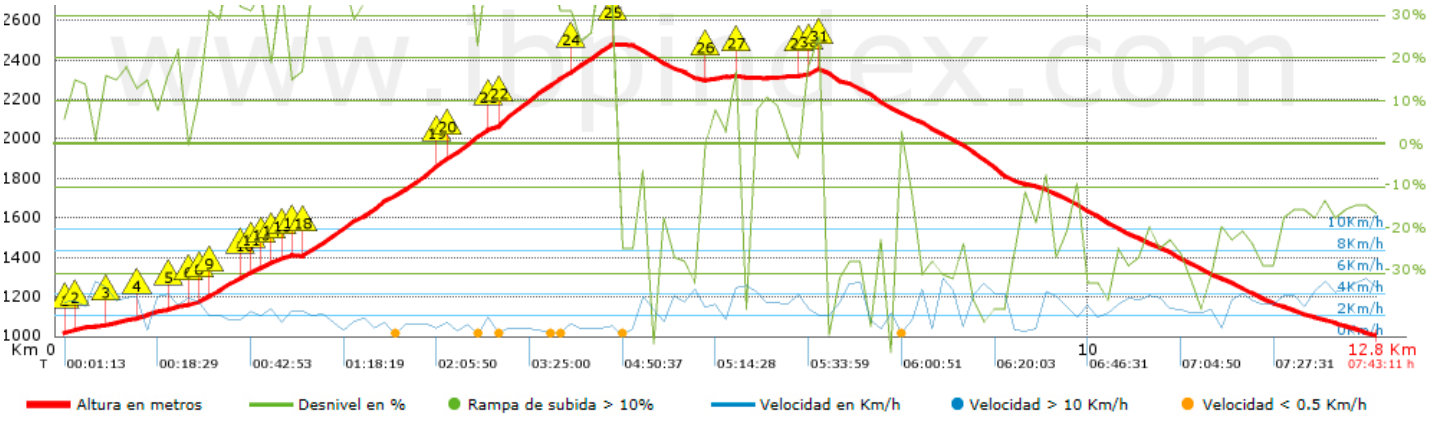


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.876	22.53	1.72	1:40:14
	Between 15 and 30%	1.738	13.62	2.69	0:38:50
	Between 10 and 15%	0.583	4.57	3.11	0:11:16
	Between 5 and 10%	0.421	3.3	2.94	0:08:35
	Between 1 and 5%	0.42	3.29	2.86	0:08:50
	Total :	6.039	47.31	2.16	2:47:45
	Plain				
	Difference of 1%	0.159	1.25	4.19	0:02:17
	Breakdown descents				
	Between 1 and 5%	0.251	1.97	2.59	0:05:49
	Between 5 and 10%	0.42	3.29	3.56	0:07:05
	Between 10 and 15%	0.544	4.27	4.19	0:07:48
	Between 15 and 30%	3.48	27.26	3.12	1:06:52
	Between 30% and 55%	1.87	14.65	2.59	0:43:23
	Total :	6.565	51.44	3.01	2:10:57
	Total track :	12.764	100 %	2.54	5:00:59

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Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
 1	0.059	14 %	98 m
 2	0.157	15 %	94 m
 3	0.423	13 %	330 m
 4	0.753	17 %	131 m
 5	1.04	13 %	222 m
 6	1.263	18 %	95 m
 7	1.358	23 %	33 m
 8	1.391	21 %	59 m
 9	1.449	32 %	342 m
 10	1.792	22 %	95 m
 11	1.887	25 %	93 m
 12	1.98	28 %	30 m
 13	2.009	40 %	30 m
 14	2.04	16 %	93 m
 15	2.133	26 %	93 m
 16	2.226	16 %	31 m
 17	2.347	17 %	36 m
 18	2.384	35 %	1324 m
 19	3.707	31 %	93 m
 20	3.8	38 %	335 m
 21	4.136	22 %	90 m
 22	4.226	39 %	697 m
 23	4.923	33 %	97 m
 24	5.02	35 %	333 m
 25	5.353	27 %	59 m
 26	6.29	16 %	94 m

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27	6.541	11 %	91 m
28	7.206	14 %	30 m
29	7.237	18 %	30 m
30	7.266	31 %	90 m
31	7.356	28 %	33 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	3055.965	23.94	1:10:36	2.6	0:53:56	2:04:32	1.47
2000	1565.303	12.26	0:26:49	3.5	1:16:03	1:42:52	0.91
1750	1510.078	11.83	0:41:41	2.17	0:15:36	0:57:17	1.58
1500	1659.971	13.01	0:46:43	2.13	0:13:37	1:00:20	1.65
Total :	7.791 Km	61.04 %	3:05:49 h	2.52 Km/h	2:39:12 h	5:45:01 h	1.35 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
0.821	0:03:00	1104	0:13:26	0:13:26	0.821
2.696	0:03:08	1520	1:14:11	1:00:45	1.875
3.03	0:02:29	1630	1:28:20	0:14:09	0.335
3.212	0:08:00	1697	1:37:01	0:08:41 < 10´	0.182
3.615	0:02:24	1837	2:02:03	0:25:02	0.403
3.769	0:03:36	1897	2:09:31	0:07:28 < 10´	0.155
4.047	0:08:21	2004	2:26:08	0:16:37	0.278
4.167	0:22:43 > 10´	2045	2:38:44	0:12:36	0.12
4.316	0:13:08 > 10´	2091	3:03:20	0:24:36	0.149
4.466	0:03:08	2152	3:17:24	0:14:04	0.149
4.526	0:23:21 > 10´	2178	3:22:24	0:05:00 < 10´	0.06
4.767	0:10:26 > 10´	2268	3:47:19	0:24:55	0.242
5.02	0:02:32	2358	4:04:28	0:17:09	0.253
5.142	0:02:41	2396	4:10:37	0:06:09 < 10´	0.122
5.201	0:02:18	2417	4:15:26	0:04:49 < 10´	0.059
5.353	0:03:56	2476	4:24:53	0:09:27 < 10´	0.152
5.412	0:26:21 > 10´	2492	4:29:32	0:04:39 < 10´	0.059
7.888	0:02:43	2213	5:47:29	1:17:57	2.476
8.128	0:05:58	2129	5:54:53	0:07:24 < 10´	0.239
8.384	0:02:23	2074	6:06:20	0:11:27	0.257
9.181	0:03:05	1811	6:22:48	0:16:28	0.797
9.339	0:06:31	1774	6:27:50	0:05:02 < 10´	0.158
Total :	2:42:12 h				

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